



embrace

CARE

Southminster's Licensed Home Care Provider



**SIGNS THAT YOUR FAMILY MEMBER
NEEDS MORE HELP**

SIGNS YOUR LOVED ONE MAY need more help.

Are you caring for a loved one with dementia?
Has caring for your loved one become too much to
handle? If so, here are eight signs that indicate your
loved one may need more help.

These signs suggest that your loved one may need
increased care and supervision. The Embrace Care
team can help you explore options to provide the care
and support your loved one and your family needs.

Embracing *life*. Embracing *you*.



WANDERING

- Walking away from the house, getting lost, and/or going outside at inappropriate times
- Becoming lost; forgetting where they are, not knowing how to get back home

CHANGES IN BEHAVIOR AND PERSONALITY

- Rapid mood swings
- Increased suspicion and paranoia

POOR OR DECREASED JUDGMENT LEADING TO SAFETY CONCERNS

- Allowing strangers into the house
- Leaving door open or unlocked
- Leaving the stove on or burning pots
- Taking medications incorrectly or not at all
- Dressing without regard for the weather
- Giving away large sums of money; falling prey to telemarketing scams
- Poor housekeeping leading to clutter and an increased risk of falls or fire

POOR EATING HABITS

- Imbalanced nutrition
- Significant weight loss or gain

POOR HYGIENE

- Neglecting overall cleanliness and appearance including bathing, dressing, brushing teeth, shaving, etc.

PHYSICAL DECLINE

- Lack of mobility
- Not remembering to use cane or walker
- Unable to ambulate stairs safely

INCONTINENCE

- Frequent accidents
- Increased odor/skin breakdown

DEPRESSION/BOREDOM

- Loss of initiative
- Loss of interest in socializing, maintaining friendships, activities and hobbies
- Watching television excessively

MAKE A connection.

For more information about caring
for someone with any of these symptoms,
please contact Embrace Care at

704.551.7110

or internally at extension 6110

Excerpts taken from the Alzheimer's Association.



S O U T H M I N S T E R

8919 Park Road, Charlotte, NC 28210
704.551.7110 | southminster.org

