

Southminster Calendar

MAY 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				9:30 Exercise (Great Room) 1 10:30 Workout with Melissa (Exercise Room) 10:30 Southminster University (East Wing Card Room) 12:00 Birthday Luncheon (Main Dining Room) 1:30 Yoga (Great Room) 4:00 Old Time Hymn Sing (Great Room)	9:30 Chair Pilates (Great Room) 2 10:30 Shopping at Quail Corners (All Entrances) 11:00 Hot Dog Fundraiser (Great Room) 12:00 Birthday Luncheon (Main Dining Room) 2:00 Peach Stand Trip (All Entrances)	8:05 Belk Charity Shopping Trip (East Entrance) 3 10:00 Quilts Etc. (Craft Room) 1:45 Dominos (Great Room) 2:00 Saturday Movie (Channel 9) 5:00 Kentucky Derby Cocktail Party (Great Room)
11:00 Morning Prayer with St. John's Episcopal Church (Great Room) 11:00 Catholic Communion (Living Room- 3 rd floor Health Center) 1:30 Transportation to CPCC Theater (All Entrances) 2:00 Sunday Movie (Channel 9) 5:00 Bible Talk with Phil Lambeth (Living Room- 3 rd floor Health Center) 4	9:00 Chair Pilates (Great Room) 5 10:00 Coffee Hour (Great Room) 10:30 Construction Update (Great Room) 4:00 Chair Exercise (Magnolia Place Living Room- 3 rd floor Health Center) 4:00 Bible Workbench (Queen Charlotte Room)	9:30 Exercise (Great Room) 6 10:30 Shopping at Quail Corners (All Entrances) 11:00 Bible Study with Dean Minton (Magnolia Place Living Room- 3 rd floor Health Center) 1:15 Mint Museum Trip (All Entrances) 3:30 North Carolina Primary Election Voting (All Entrances) 4:45 Chapel Service (Magnolia Place Living Room- 3 rd floor Health Center) 7:15 Goldtones Performance (Great Room)	9:00 Art Class (Art Room) 7 11:00 Walk & Tone (Great Room) 11:30 Holy Eucharist (Great Room) 1:30 Tai Chi (Great Room) 2:00 Shopping at Quail Corners (All Entrances) 4:00 Chair Exercise (Magnolia Place Living Room- 3 rd floor Health Center)	8:00 Riverbanks Zoo Trip (East Wing Entrance) 8 9:30 Exercise (Great Room) 10:30 Workout with Melissa (Exercise Room) 10:30 Southminster University (East Wing Card Room) 1:30 Yoga (Great Room)	9:30 Chair Pilates (Great Room) 9 10:30 Shopping at Quail Corners (All Entrances) 2:00 Farmers Market Trip (All Entrances)	10:00 Quilts Etc. (Craft Room) 10 1:00 Trip to Historic Rosedale (All Entrances) 1:45 Dominos (Great Room) 2:00 Saturday Movie (Channel 9) 7:00 Transportation to the Charlotte Symphony (All Entrances)
11:00 Catholic Communion (Living Room- 3 rd floor Health Center) 11 11:00 Morning Prayer with Christ Episcopal Church (Great Room) 12:15 Mother's Day Brunch (Main Dining Room) 2:00 Sunday Movie (Channel 9) 5:00 Bible Talk with Phil Lambeth (Living Room- 3 rd floor Health Center)	9:00 Chair Pilates (Great Room) 12 10:00 Coffee Hour (Great Room) 10:30 Construction Update (Great Room) 2:00 Shopping at Target (All Entrances) 4:00 Chair Exercise (Magnolia Place Living Room- 3 rd floor Health Center) 4:00 Bible Workbench (Queen Charlotte Room)	9:30 Exercise (Great Room) 13 10:30 Shopping at Quail Corners (All Entrances) 11:00 Bible Study with Dean Minton (Magnolia Place Living Room- 3 rd floor Health Center) 4:45 Chapel Service (Magnolia Place Living Room- 3 rd floor Health Center)	9:00 Art Class (Art Room) 14 11:00 Walk & Tone (Great Room) 11:30 Holy Eucharist (Great Room) 1:30 Tai Chi (Great Room) 2:00 Shopping at Quail Corners (All Entrances) 4:00 Chair Exercise (Magnolia Place Living Room- 3 rd floor Health Center) 7:00 Bingo (Great Room)	9:30 Exercise (Great Room) 15 10:30 Workout with Melissa (Exercise Room) 10:30 Southminster University (East Wing Card Room) 1:30 Yoga (Great Room) 5:30 Spring Fling (East Cottage Area)	9:30 Chair Pilates (Great Room) 16 10:30 Shopping at Quail Corners (All Entrances) 2:00 Peach Stand Trip (All Entrances)	10:00 Quilts Etc. (Craft Room) 17 1:45 Dominos (Great Room) 2:00 Saturday Movie (Channel 9)

<p>11:00 Morning Prayer with St. John's Episcopal Church (Great Room) 11:00 Catholic Communion (Living Room- 3rd floor Health Center) 2:00 Sunday Movie (Channel 9) 5:00 Bible Talk with Phil Lambeth (Living Room- 3rd floor Health Center)</p>	<p>9:00 Video Chair Pilates (Great Room) 10:00 Coffee Hour (Great Room) 10:30 Construction Update (Great Room) NO Chair Exercise (Magnolia Place Living Room- 3rd floor Health Center) 3:00 Resident Forum (Great Room) 4:00 Bible Workbench (Queen Charlotte Room)</p>	<p>9:30 Video Exercise (Great Room) 10:30 Shopping at Quail Corners (All Entrances) 10:30 Resident Forum (Great Room) 11:00 Bible Study with Dean Minton (Magnolia Place Living Room- 3rd floor Health Center) 2:00 Shopping at KMart (All Entrances) 4:45 Chapel Service (Magnolia Place Living Room- 3rd floor Health Center)</p>	<p>9:00 Art Class (Art Room) NO Walk & Tone (Great Room) 11:30 Holy Eucharist (Great Room) 1:30 Tai Chi (Great Room) 2:00 Shopping at Quail Corners (All Entrances) NO Chair Exercise (Magnolia Place Living Room- 3rd floor Health Center)</p>	<p>9:30 Video Exercise (Great Room) NO Workout with Melissa (Exercise Room) 10:30 Southminster University (East Wing Card Room) 11:00 Catholic Communion (Living Room- 3rd floor Health Center) 1:30 Yoga (Great Room)</p>	<p>9:30 Video Chair Pilates (Great Room) 10:30 Shopping at Quail Corners (All Entrances) 2:00 Farmers Market Trip (All Entrances)</p>	<p>10:00 Quilts Etc. (Craft Room) 1:45 Dominos (Great Room) 2:00 Saturday Movie (Channel 9)</p>
<p>11:00 Catholic Communion (Living Room- 3rd floor Health Center) 11:00 Morning Prayer with Christ Episcopal Church (Great Room) 2:00 Sunday Movie (Channel 9) 5:00 Bible Talk with Phil Lambeth (Living Room- 3rd floor Health Center)</p>	<p>9:00 Chair Pilates (Great Room) 10:00 Coffee Hour (Great Room) 10:30 Construction Update (Great Room) 4:00 Chair Exercise (Magnolia Place Living Room- 3rd floor Health Center) 4:00 Bible Workbench (Queen Charlotte Room) 5:30 Memorial Day Backyard BBQ (All Dining Rooms)</p>	<p>9:30 Exercise (Great Room) 10:30 Shopping at Quail Corners (All Entrances) 11:00 Bible Study with Dean Minton (Magnolia Place Living Room- 3rd floor Health Center) 4:45 Chapel Service (Magnolia Place Living Room- 3rd floor Health Center)</p>	<p>9:00 Art Class (Art Room) 11:00 Walk & Tone (Great Room) 11:30 Holy Eucharist (Great Room) 1:30 Tai Chi (Great Room) 2:00 Shopping at Quail Corners (All Entrances) 4:00 Chair Exercise (Magnolia Place Living Room- 3rd floor Health Center) 7:00 Bingo (Great Room)</p>	<p>9:30 Exercise (Great Room) 10:30 Workout with Melissa (Exercise Room) 10:30 Service of Remembrance (Magnolia Place Living Room- 3rd floor Health Center) 10:30 Southminster University (East Wing Card Room) 1:30 Yoga (Great Room)</p>	<p>9:30 Chair Pilates (Great Room) 10:30 Shopping at Quail Corners (All Entrances) 2:00 Peach Stand Trip (All Entrances)</p>	<p>10:00 Quilts Etc. (Craft Room) 1:45 Dominos (Great Room) 2:00 Saturday Movie (Channel 9)</p>